



OCTOBER 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Chicken Nuggets</i> <i>Loaded Mashed Potatoes, Green Beans, Fruit</i>	2 <i>Pizza</i> <i>Chips</i> <i>Salad</i> <i>Fruit</i>	3 <i>Breakfast Burrito</i> <i>Hashbrowns</i> <i>Yogurt</i>	4 <i>Breaded Chicken Sandwich</i> <i>Pasta Salad</i> <i>Banana Pudding</i>	
6	7 <i>Corn Dog</i> <i>Mac & Cheese</i> <i>Fruit; Cucumber Slices w/ Ranch</i>	8 <i>BLT Sandwich</i> <i>Fries</i> <i>Veggies</i> <i>Fruit</i>	9 <i>Country Fried Steak</i> <i>Mashed Potatoes</i> <i>Vegetable Roll</i>	10 <i>Bacon Cheeseburger</i> <i>Quesadilla</i> <i>Rice</i> <i>Veggies and Fruit</i>	11 <i>Pizza Sub</i> <i>Salad</i> <i>Chex Mix</i> <i>Fruit</i>	12
13	14 <i>Biscuits & Gravy</i> <i>Sausage</i> <i>Hashbrowns</i> <i>Fruit</i>	15 <i>Pigs-N-Blanket</i> <i>Potato Chips</i> <i>Salad</i> <i>Fruit</i>	16 <i>Ham</i> <i>Baked Potato</i> <i>Broccoli Casserole</i>	17 <i>Chili</i> <i>Grilled Cheese</i> <i>Apple</i>	18 <i>Mini Meatloaf</i> <i>Cheesy Potatoes</i> <i>Mixed Vegetables</i>	19
20	21 <i>Hamburger w/ Tomato & Lettuce, Tater Tots, Veggies, Fruit</i>	22 <i>Chicken Quesadilla</i> <i>Refried Beans</i> <i>Rice</i> <i>Fruit</i>	23 <i>Lasagna</i> <i>Salad</i> <i>Roll</i> <i>Applesauce</i>	24 <i>Hotdogs w/ Sauce</i> <i>Baked Beans</i> <i>Chips</i> <i>Fruit</i>	25 <i>Pepperoni Roll</i> <i>Fries</i> <i>Salad</i> <i>Fruit</i>	26
27	28 <i>Pancakes</i> <i>Bacon</i> <i>Fruit</i>	29 <i>Loaded Nachos</i> <i>Refried Beans</i> <i>Veggies</i> <i>Fruit</i>	30 <i>Chicken Nuggets</i> <i>Fries</i> <i>Salad</i> <i>Fruit</i>	31 <i>Salisbury Steak w/ Gravy;</i> <i>Mashed Potatoes;</i> <i>Green Beans; Roll;</i> <i>Fruit</i>		